

## **Pulmonary Function Test Instructions**

For your breathing test please bring your fast-acting rescue inhaler. This would include: Albuterol, Proair, Ventolin, Xopenex, Combivent, and Proventil.

### **\*\*What NOT to do before your Pulmonary Function Test\*\***

**4 hours prior to testing DO NOT USE your short acting bronchodilators. This would include: Albuterol, Proair, Ventolin, Xopenex, Combivent, Maxair, DuoNeb and Proventil.**

**12 hours prior to testing, DO NOT USE your long-acting bronchodilators. This would include: Serevent, Foradil, Performist, Brovana, Advair, Dulera, Symbicort, Bevespi, and Breztri.**

**24 hours prior to testing, DO NOT USE your long-acting bronchodilators. This would include: Spiriva, Breo, Anoro, Tudorza, Arnuity, Incruse, Stiolto, Striverdi, Arcapta, Utibron, Trelegy, and Elipta.**

You should not smoke within 1 hour of testing.

You may eat a light meal at least 2 hours before testing.

You should not drink alcohol within 4 hours of testing.

If on the day of the test you are not feeling well or are short of breath, please call our office as it may not be safe to perform the test that day.

\*If your inhaler is not listed, please call our office for instructions.

**\*We will not collect a copay on the day of your Pulmonary Function Test, however, we will bill your insurance, and they may apply a copay or a deductible. You may receive a statement from billing.**