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**Pulmonary Function Test Instructions**

For your breathing test please bring your fast-acting rescue inhaler.

**\*\*What NOT to do before your Pulmonary Function Test\*\***

**24 hours prior to testing, DO NOT USE inhalers. Albuterol is OK the night before, only if needed.**

You should not smoke within 1 hour of testing.

You may eat a light meal at least 2 hours before testing.

You should not drink alcohol within 4 hours of testing.

If on the day of the test you are not feeling well or are short of breath, please call our office as it may not be safe to perform the test that day.

**\*We will not collect a copay on the day of your Pulmonary Function Test, however, we will bill your insurance, and they may apply a copay or a deductible. You may receive a statement from billing.**